

## Why get involved... get active



### INTRODUCTION

At CAFOD we have a vision of a world where:

- The rights and dignity of every person are respected
- All have access to basic needs in life
- Women and men share equally in shaping their society and our world
- The gifts of creation are nurtured and shared by all for the common good and
- The structures that shape people's lives are just and enable peace.

We work in over 40 countries standing side by side with the most vulnerable people to end poverty and injustice.

But we're only as strong as our supporters, which is why we're always so grateful for the support, involvement and passion of the communities and individuals who enable our work.

Help us make the vision a reality, by getting involved with CAFOD. Your involvement will take us a step closer to realising a transformed world.

### GET STARTED

#### Inspiration

The fact that you are looking here tells us that you are interested in the work of CAFOD. This takes place in over 40 countries around the world but needs people like you to support us here in the UK. CAFOD youth groups develop their own programmes of activity, supported with resources and suggestions from CAFOD staff.

#### Get active

CAFOD youth groups work in a range of ways, according to your interests, time and skills. The three main strands of the work of CAFOD are to raise:

awareness and understanding of the issues,  
funding to support our work and  
prayers to bring people together in worship

What are your priorities? Do you want to focus on:

- A particular campaign
- Fundraising

- General awareness raising of our responsibilities to the global community
- Prayer support.

**Agree** a clearly identified vision for the purpose of your group and **set targets** which are achievable alongside some bigger dreams. For example:

We aim to inform 10 people about the lack of education for girls in rural Kenya *and*

We aim to raise £5000 for the

campaign to provide free education for all children in Kenya.

**Plan a step by step process** to help the group achieve its aims. People will stay with the group if they feel as though they are achieving something.

**Quick Tip:**

Agree one task which is achievable and one which is a challenge.

**Find out more about how to set up a group, and what you can do for CAFOD at [cafod.org.uk/greatgeneration](http://cafod.org.uk/greatgeneration)**