

# Diary organiser

## As soon as possible, please

- Ask volunteers to read the Fast Day short talk at all Masses in your parish on the weekend of 25/26 February or 3/4 March. Or contact your local CAFOD office to see if they can provide a speaker. See [cafod.org.uk/uk](http://cafod.org.uk/uk) for contact details.
- Give the children's liturgy to the children's liturgist, and/or ask volunteers to help.

## Week beginning 29 January

- Check your collection envelopes have arrived. If not, please tell us straight away.
- Pin up your poster: A3 and A4 sizes available. Order more this week if needed.
- Identify volunteers to help with the distribution and collection of envelopes.

## Preparation for Saturday vigil

### 25 February / Sunday 26 February

- Download any online resources (see back page).
- Arrange to place the Fast Day announcement in your parish newsletter (see below).
- Ensure volunteers hand out envelopes before / after Mass, or staple them to the parish newsletter.
- Make pens available so people can complete the Gift Aid panel on the envelope.
- Arrange to include the Fast Day prayer and prayer of intercession during Mass.
- Double check that a parish volunteer or visiting speaker can still give the Fast Day short talk at Mass (if you are not promoting Fast Day on 2 March).
- Priests may wish to use the homily notes (online at [cafod.org.uk/lent](http://cafod.org.uk/lent)).

## Fast Day: Friday 2 March

Hold a frugal lunch, reflection or other Fast Day event, using the Fast Day prayer.

## Preparation for Saturday vigil 3 March / Sunday 4 March

- Make collection envelopes available.
- Double check that a parish volunteer or visiting speaker can still give the Fast Day short talk at Mass (unless done last weekend).
- You may wish to repeat the Fast Day prayers and use the homily notes for the week (online at [cafod.org.uk/lent](http://cafod.org.uk/lent)).
- Collect Fast Day envelopes and donations after Mass and leave a clearly marked donation box at all church entrances.

## After 4 March

- Parish priests have received a donation form. Ensure the collection envelopes are emptied, and the collection is counted and checked against the Gift Aid details. Write a cheque to CAFOD for the total. Send the donation form, the cheque(s) and any envelopes with Gift Aid information back to CAFOD in the return envelope provided.
- Please ensure no donations are left in the envelopes. Please do not send cash. The donation form can be photocopied for use if sending further Fast Day and donations.
- Please fill in the evaluation form to help us plan future Fast Days.
- Place the second newsletter announcement in your parish newsletter.
- Turn over the Fast Day poster to display the thank you message. Fill in the total amount your parish has collected.

## Newsletter announcements

### 1. Week before Fast Day **CAFOD Lent Fast Day: Friday 2 March 2012**

This Lent, CAFOD invites us to help people living without one of God's most precious resources – clean water. A child under five dies every 20 seconds because of diarrhoea caused by dirty water. For this Lent only, the UK government will match *pound for pound* every donation given to CAFOD, giving us the chance to help thousands more people gain access to water and other vital services like health and education. Your Fast Day envelopes are available in church this week / next week. Please give as much as you can.

### 2. Week after Fast day **CAFOD Lent Fast Day collection**

Our parish raised £\_\_\_\_. Together with the government's match funding, this means we've actually raised £\_\_\_\_\_ for people living in poverty. Thank you so much for your generosity. Our prayers and donations are helping families to drink clean water and live healthier, happier lives. Remember Zimi from the Fast Day leaflet? She says: "Water is very precious. I would like to say a big thank you for your help."

## Fast Day prayer

### Let waters flow

Your people yearn for clean water and lush green crops.  
May their thirst be quenched,  
and their joy refreshed.

### God of life, let waters flow and wash away injustice.

Your people thirst for water  
and long for change in our world.  
May they have their fill to drink  
and time for all their daily tasks.

### God of life, let waters flow and wash away injustice.

We long for your life-giving water  
and pledge to wash away injustice.  
May your people be filled with hope  
and have the chance to flourish.  
Amen.

Catherine Gorman/CAFOD