

## Hearts ablaze

Beautiful Lord,  
may we say “yes” to You  
so that the Spirit in our hearts  
will once again be set ablaze.

Spirit of Wisdom,  
guide our actions so they tell of God’s love.

Spirit of Truth,  
open our eyes to see the world as it really is.

Spirit of Power,  
enthuse us to work for justice throughout the world.

Spirit of Love,  
inspire us to respect the dignity of each person.

Come, Holy Spirit, fill the hearts of your faithful.  
Come, Holy Spirit, fill our hearts.  
Come, Holy Spirit, fill us.  
Come, Holy Spirit.  
Come.

*Stephen Davies/CAFOD*

**Published in CAFOD’s anthology of prayers, articles and reflections:**

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**Edited by Annabel Shilson-Thomas. Available from [resources@cafod.org.uk](mailto:resources@cafod.org.uk), price £9.99**

## Listen to the blowing of the wind

Please stop, please!

Silence!

Listen to the beating of your heart.

Listen to the blowing of the wind,  
the movement of the Spirit.

Be silent – said the Lord  
and know that I am God.

And listen to the cry of the voiceless.

Listen to the groaning of the hungry.

Listen to the pain of the landless.

Listen to the sigh of the oppressed  
and to the laughter of the children.

For that is authentic communication;  
listening to the people,  
living with people  
dying for people.

*Indonesia*

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## Whirlwind Spirit

Whirlwind Spirit of God,  
Roar through our timidities and fears,  
Shake the foundations of our ill-placed securities,  
Sweep away the cobwebs of our apathy,  
Blow down the walls that separate us, one from another.

Then into all our empty spaces, breathe  
re-strengthened courage to challenge injustice,  
renewed belief in the urgency of our vocation,  
revitalised passion to change our lifestyles,  
re-dedication to speak only words that build and unite.

Let gentle breeze and still small voice  
become in us today  
mighty wind and loud proclamation.  
Make of us a Pentecost people!

Amen

*Kathleen O'Brien/CAFOD*

## Spirit of justice and community

Give us the confidence to challenge injustice  
And to nurture the flame of justice until it burns brightly  
And may the Spirit of justice and community  
Accompany you and light your way

May this Spirit move you, heal you,  
Guide you and challenge you  
Call you to action and to prayer

May this passion for justice burn through you and in you  
And may it warm the hearts of those around you  
Encouraging hope and overcoming fear.

Amen

*Linda Jones/CAFOD*

## Fill us with justice

Holy Spirit, give us  
tongues of fire and inspire us to  
speak of justice without fear or prejudice.

*Response: Fill us with justice through your Spirit, Lord*

Holy Spirit, change us  
so that the language of liberation may spread from our lips  
as we challenge the economics of oppression.

*Response: Fill us with justice through your Spirit, Lord*

Holy Spirit, teach us  
to understand the sufferings of workers who are  
forced to labour in sweatshops round the world.

*Response: Fill us with justice through your Spirit, Lord*

Holy Spirit, guide us  
to recognise the temptations of consumer choice  
and to dedicate ourselves to universal human rights.  
Make us raise our voices by shouting out loud the good news  
and proclaim global justice for all.

*Response: Fill us with justice through your Spirit, Lord*

*Tony Singleton/ CAFOD*

## Spirit of Pentecost

Spirit of God

Enlighten our hearts and minds,  
that we may see the faces of our sisters and brothers  
whose labour provides us with the food we eat,  
the clothes we wear and the computers, phones and washing machines we use.

*Response: Spirit of God come to us.*

Spirit of God

Embolden us to speak out  
on behalf of those who suffer injustice,  
so that they may enjoy the fruits of their labour  
and have enough to feed, clothe, nurse and educate their families.

*Response: Spirit of God come to us.*

Spirit of God

Consume us with a passion to change our way of life.  
so that we learn to put the needs of others  
before our desire for more possessions at bargain prices.

*Response: Spirit of God come to us.*

Spirit of God

Through the witness of our lives,  
standing in solidarity with all peoples,  
may we spread the warmth of your love,  
the light of your wisdom, and the fire of your justice,  
so that all may live in peace and security.

Amen.

*Sue Cooper/CAFOD*

## God's transforming power

God who cannot be bound  
Flow into our hearts and minds  
Wear down our resistance to your love  
And refresh us with the spirit of your compassion

Today, as we commit ourselves once more to your work  
We ask you to show us how to hold the needs of your world  
At the heart of our lives  
And to celebrate your many gifts with joy.

May your power transform our lives  
May your Spirit set us free  
And may the blessing of God,  
Father, Son and Holy Spirit  
Be with us all now and for ever

Amen

*Linda Jones/CAFOD*